Online Resources List for Substance Use Disorders and Co-Occurring Disorders

A Comprehensive List of Online Resources of interest to Clients, Family Members and Professionals

Prepared by: Dennis C. Daley, PhD and Janis McDonald
The following lists of online resources are specifically related to Substance Use and Co-Occurring Disorders and include the names of organizations, contact information, and brief summaries of their purpose and available services within the on-line community. We have separately listed Mutual Support Organization sites of interest to clients and family members as well as Organizations for Professionals.

This Guide was prepared by Dennis C. Daley, PhD and Janis McDonald, the ATS Node of Clinical Trials Network.
### Table of Contents

#### 1. Mutual Support Organizations

1. Adult Children of Alcoholics  .................................................................................................................................................. 3  
2. Al-Anon and Ala-Teen ................................................................................................................................................................. 3  
3. Alcoholics Anonymous .................................................................................................................................................................. 3  
4. Alcoholics for Christ ...................................................................................................................................................................... 4  
5. Alcoholics Victorious ..................................................................................................................................................................... 4  
6. Celebrate Recovery ....................................................................................................................................................................... 5  
7. Cocaine Anonymous ..................................................................................................................................................................... 5  
8. Crystal Meth Anonymous ................................................................................................................................................................. 6  
9. Double Trouble in Recovery ............................................................................................................................................................ 6  
10. Dual Recovery Anonymous ............................................................................................................................................................. 6  
11. Emotions Anonymous .................................................................................................................................................................... 7  
12. Families Anonymous ...................................................................................................................................................................... 7  
13. Gamblers Anonymous ..................................................................................................................................................................... 7  
14. LifeRing Secular Recovery............................................................................................................................................................. 8  
15. Men for Sobriety .............................................................................................................................................................................. 8  
16. Methadone Anonymous ................................................................................................................................................................. 9  
17. Methadone Support ......................................................................................................................................................................... 9  
18. National Association for Children of Alcoholics ........................................................................................................................................ 9  
20. Nar-Anon Family Groups .............................................................................................................................................................. 10  
21. Narcotics Anonymous .................................................................................................................................................................... 10  
22. Nicotine Anonymous ....................................................................................................................................................................... 11  
23. Overcomers Anonymous ................................................................................................................................................................. 11  
24. SMART Recovery ............................................................................................................................................................................. 11  
25. Secular Organizations for Sobriety .................................................................................................................................................. 12  
26. Women for Sobriety ....................................................................................................................................................................... 12

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

2. Organizations for Professionals

1. American Academy of Addiction Psychiatry ................................. 14
2. American Association for the Treatment of Opioid Dependence ...................... 14
3. American Society of Addiction Medicine ........................................ 14
4. Association for the Treatment of Tobacco Use and Dependence ................. 15
5. Center for Substance Abuse Prevention/SAMHSA .................................. 15
6. Center for Substance Abuse Treatment/SAMHSA .................................. 15
7. Children of Alcoholics Foundation .................................................. 16
8. College on Problems of Drug Dependency ......................................... 16
9. National Association of Addiction Treatment Providers ............................. 17
10. National Clearinghouse for Alcohol and Drug Information ..................... 17
11. National Institute on Alcohol Abuse and Alcoholism ......................... 17
12. National Institute on Drug Abuse .................................................. 18
13. National Organization on Fetal Alcohol Syndrome .................................. 19
14. Research Society on Alcoholism ..................................................... 19
15. Society for Research on Nicotine and Tobacco ................................... 20
16. State Associations of Addiction Services ........................................... 20
17. Substance Abuse and Mental Health Services Administration .................. 20
18. William L White Papers .................................................................... 21

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
# Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

1. **Mutual Support Organizations**

<table>
<thead>
<tr>
<th>Organization/Contact Information</th>
<th>Purpose</th>
<th>Components</th>
</tr>
</thead>
</table>
| **1) Adult Children of Alcoholics**  
Phone 562-595-7831  
http://www.adultchildren.org  
Pittsburgh, Pa (PA086)  
Contact: kaplancares@kaplan.edu |  
- Adult Children of Alcoholics is an anonymous Twelve Step, Twelve Tradition program of women and men who grew up in an alcoholic or otherwise dysfunctional home.  
- We meet with each other in a mutually respectful, safe environment and acknowledge our common experiences. We discover how childhood affected us in the past and influences us in the present. We take positive action.  
- By practicing the Twelve Steps, focusing on The Solution, and accepting a loving Higher Power of our understanding, we find freedom from the past and a way to improve our lives today. |  
- Group Meetings  
- Telephone meetings  
- Online meetings/chat  
- Online forums  
- Written materials |
| **2) Al-Anon and Ala-Teen**  
http://www.al-anon.alateen.org/  
1-888-425-2666  
Western Pennsylvania Meetings:  
Phone: 800-628-8920  
http://www.pa-al-anon.org/ |  
- Since its founding in 1951, these have shared a single purpose: to help family and friends recover from the effects of someone else’s drinking.  
- Members share their personal experiences and stories, and invite other members to “take what they like and leave the rest”—that is, to decide for themselves what lesson they could apply to their own lives.  
- The best place to learn how Al-Anon works is at a local meeting  
- Personal contact is an important element in the healing process.  
- Web page selections give encouragement to visit your first meeting.  
- Newcomers are often interested in learning from members whose personal situations most closely resemble theirs.  
- After attending Al Anon meetings, they begin to understand how much they have in common with everyone affected by someone else’s drinking, regardless of the specific details of their personal situation. |  
- Support for spouses and partners, adult children of alcoholics, teens, parents, grandparents and siblings affected by someone else’s drinking.  
- Face-to-face meetings  
- On-line and telephone meetings (call 1-800-628-8920) |
| **3) Alcoholics Anonymous (AA)**  
http://www.aa.org/ |  
- Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope to solve their common problem and help others to recover from alcoholism. |  
- Regularly-scheduled local community meetings  
- Sponsors |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
### Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

| A.A. World Services, Inc., 11th Floor  
475 Riverside Dr. at West 120th St.  
New York, NY 10115  
(212) 870-3400 | • The only requirement for membership is a desire to stop drinking.  
• There are no dues or fees for AA membership; we are self-supporting through our own contributions.  
• AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.  
• Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. | • 12-Step programs  
• Books/pamphlets, videos and periodicals related to recovery  
• Opportunities for service  
• Recovery events |
| Pittsburgh Area Central Office:  
24 Hr Answering Svc:  
(412) 471-7472  
Site: www.pghaa.org |  |  |
| 4) Alcoholics for Christ  
[www.alcoholicsforchrist.com](http://www.alcoholicsforchrist.com)  
Email: [office@alcoholicsforchrist.com](mailto:office@alcoholicsforchrist.com)  
Telephone: 248-399-9955  
Fax:  248-399-1099  
Address: 1316 N. Campbell Rd.  
Royal Oak, MI  48067  
(No meetings in the Pittsburgh area) | • AC is an inter-denominational, non profit, Christian fellowship that ministers to 3 groups: substance abusers, family members, adult children raised in alcoholic, substance abuse or dysfunctional families.  
• AC ministries is dedicated to the propagation of the gospel of Jesus Christ, as well as sharing His burden for the lost and hurting individuals.  
• This fellowship uses the Word of God as its primary source of direction.  
• Our chief goal is to direct and restore the alcoholic or substance abuser, the family member and the adult child to a sincere and dedicated relationship with Jesus Christ.  
• We encourage that a person stay active in their local A/C, AA, NA, ACOA, or other support group and continue to worship within their own body of believers. | • Face-to-face meetings  
• Newsletters  
• Children and family programs  
• Prison/jail ministries |
| 5) Alcoholics Victorious (AV)  
[http://www.alcoholicsvictorious.org](http://www.alcoholicsvictorious.org)  
phone: 816-561-0567 | • AV is a network of Christian support groups for addicted persons. We believe that alcoholism is an addiction, and that the alcoholic is an individual who cannot, as a matter of will power alone, control the dependency.  
• Some groups also sponsor meetings for the spouses and concerned | • Community Christian support group meetings  
• Use of 12-Steps and Alcoholics Victorious Creed  
• Some meetings held to benefit |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
| **Online Resources List for Substance Use Disorders and Co-Occurring Disorders**  
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013) |
|---|---|---|
| (no presence in the Pittsburgh area) | friends of addicts.  
- We are devoted to: support and education about addictive problems, reconciliation to GOD and family, and encouragement and support of one another through fellowship in recovery.  
- In AV meetings, both the Twelve Steps and the Alcoholics Victorious Creed are used. | family and friends of addicts |

6) **Celebrate Recovery**  
http://www.celebraterecovery.com  
email: info@celebraterecovery.com  
Pittsburgh area: http://crpittsburgh.com  
phone: 412-492-4030  
- A Christ-centered recovery program: Over 700,000 people have gone through the Celebrate Recovery program in more than 17,000 churches worldwide.  
- Celebrate Recovery is a program designed to help those struggling with hurts, hang-ups, and habits by showing them the loving power of Jesus Christ through the recovery process.  
- Christ-centered recovery program  
- Use of 8 Recovery Principles, “The Road to Recovery” based on the Beatitudes  
- Use of “Life’s Healing Choices in Step Studies” |

7) **Cocaine Anonymous (CA)**  
http://www.ca.org/  
W. Pennsylvania Contact:  
Phone: Tom 412-874-0667  
http://www.caofpa.org  
- CA is concerned solely with the personal recovery and continued sobriety of individual drug addicts who turn to our Fellowship for help.  
- CA is open to all persons who state a desire to stop using cocaine, including "crack" cocaine, as well as all other mind-altering substances.  
- There are no dues or fees for membership. Our expenses are supported by the voluntary contributions of our members — we respectfully decline all outside contributions. We are not allied with any sect, denomination, politics, organization or institution.  
- Like AA (with which we are not affiliated), we use the Twelve Step recovery method, which involves service to others as a path towards recovery from addiction.  
- We feel that one addict talking to another can provide a level of mutual understanding and fellowship that is hard to obtain through other methods.  
- We hold regular meetings to further this fellowship, and to allow new members to find us and, perhaps, the answers they seek.  
- Regularly-scheduled meetings  
- Focus on 12-Step Philosophy  
- Reading materials related to addiction and recovery. |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
## Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

### 8) Crystal Meth Anonymous (CMA)
**http://www.crystalmeth.org**
4470 W. Sunset Blvd, Suite 107 PMB 555
Los Angeles, CA 90027-6302
Phone: 213-488-4455
(no meetings in the Pittsburgh area)

- CMA is a fellowship of men and women who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth.
- The only requirement for membership is a desire to stop using.
- There are no dues or fees for CMA membership; we are self-supporting through our own contributions.
- CMA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes.
- Our primary purpose is to lead a sober life and to carry the message of recovery to the crystal meth addict who still suffers.

### 9) Double Trouble in Recovery
**http://www.bhevolution.org/public/doubletroubleinrecovery**
Double Trouble in Recovery
c/o MH Empowerment Project
271 Central Ave,
Albany NY 12209
518-434-1393
MyIndependentLiving.org
(meeting list not available)

- DTR is designed to meet the needs of the dually diagnosed, and is clearly for those having addictive substance problems as well as having been diagnosed with a psychiatric disorder.
- DTR follows a Twelve Step approach to recovery.
- Working the DTR Twelve Steps and regular attendance at DTR and other appropriate self-help groups will help us gain the rewards of sanity, serenity and freedom from addictions.
- There are no dues or fees for DTR membership; they are self-supporting through contributions.

### 10) Dual Recovery Anonymous (DRA)
**http://draonline.org/dual_diagnosis.html**
Dual Recovery Anonymous World Network Central Office

- DRA is a 12-step program for individuals who experience both addiction and an emotional or psychiatric illness. Men and women who currently use psychiatric medications under a doctor's care, or who have done so in the past, are welcome to participate.
- The primary purpose of DRA is to help one another achieve dual recovery, to prevent relapse, and to carry the message of recovery to others who experience dual disorders.

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
## Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

| P.O. Box 8107, Prairie Village, Kansas, 66208  
| E-mail: draws@draonline.org  
| Phone: 913-991-2703 (9-5 Central)  
| (Pittsburgh meetings available – see Website – “Find a meeting”) | **DRA** has two requirements for membership: a desire to stop using alcohol and other intoxicating drugs, and a desire to manage our emotional or psychiatric illness in a healthy and constructive way.  
**DRA** is a nonprofessional self-help program. The DRA fellowship has no opinion on matters of diagnosis, treatment, medication, or other issues related to the health-care professions. |
| **11) Emotions Anonymous (EA)**  
| PO Box 4245  
| St. Paul, MN 55104-0245  
| 651-647-9712  
| [www.emotionsanonymous.org](http://www.emotionsanonymous.org)  
| (Pittsburgh meetings may be available – see Website) | **EA** is a 12-step organization, similar to AA.  
**Our fellowship is composed of people who come together in weekly meetings for the purpose of working toward recovery from emotional difficulties.**  
**EA members are from many walks of life and are of diverse ages, economic status, social and educational backgrounds.**  
**The only requirement for membership is a desire to become well emotionally.** |
| **12) Families Anonymous (FA)**  
| PO Box 3475  
| Culver City, CA 90231-3475  
| 800-736-9805  
| [www.familiesanonymous.org](http://www.familiesanonymous.org)  
| (no Pittsburgh meetings at this time) | **FA** is a 12-step fellowship for the families and friends who have known a feeling of desperation concerning the destructive behavior of someone very near to them, whether caused by drugs, alcohol, or related behavioral problems.  
**When you come into our rooms you are no longer alone, but among friends who have experienced similar problems.**  
**Any concerned person is encouraged to attend our meetings, even if there is only a suspicion of a problem.** |
| **13) Gamblers Anonymous (GA)**  
| International Service Office  
| PO Box 17173  
| Los Angeles, CA 90017  
| 213-386-8789 | **GA** is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.  
**The only requirement for membership is a desire to stop gambling.**  
**There are no dues or fees for Gamblers Anonymous membership; we** |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
# Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

| **www.gamblersanonymous.org** (Check website for Pittsburgh meetings) | are self-supporting through our own contributions.  
• Gamblers Anonymous is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any cause. Our primary purpose is to stop gambling and to help other compulsive gamblers do the same. | friends  
• Sponsors |
| --- | --- | --- |
| **14) LifeRing Secular Recovery (LSR)**  
http://lifering.org/  
LifeRing Service Center  
1440 Broadway, Suite 312  
Oakland, CA 94612-2023  
(no presence in the Pittsburgh area) | • The “3-S” Philosophy: “Three-S” is short-hand for the fundamental principles of LifeRing: Sobriety, Secularity, and Self-Help.  
• Sobriety. In LifeRing it always means abstinence.  
• The basic membership requirement is a desire to remain abstinent from alcohol and “drugs.”  
• LifeRing welcomes people regardless of their “drug of choice.”  
• Secularity. LifeRing Recovery welcomes people of all faiths and none.  
• You get to keep whatever religious beliefs you have, and you are under no pressure to acquire any if you don’t.  
• Participants’ spiritual or religious beliefs or lack thereof remain private.  
• Self-help in LifeRing means that the key to recovery is the individual’s own motivation and effort.  
• The main purpose of the group process is to reinforce the individual’s own inner strivings to stay clean and sober.  
• LifeRing is a permanent workshop where individuals can build their own Personal Recovery Plans. | Face-to-face meetings  
• Practice the “Sobriety Priority”  
• On-line forums |
| **15) Men for Sobriety (MFS)**  
PO Box 618  
Quakertown, PA 18951-0618  
Phone: 215-536-8026  
Fax: 215-538-9026  
http://womenforsobriety.org/beta2/  
Men’s brochure:  
http://www.womenforsobriety.o | • MFS is a non-profit organization dedicated to helping men overcome alcoholism and other addictions.  
• Our "New Life" Program helps achieve sobriety and sustain ongoing recovery.  
• MFS is based upon a Thirteen Statement Program of positivity that encourages emotional and spiritual growth. | Men’s sobriety programs (access thru WFS website)  
• Self-help meetings  
• 13-statement program of positivity |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
### Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<table>
<thead>
<tr>
<th>Resource</th>
<th>Description</th>
</tr>
</thead>
</table>
| 16) Methadone Anonymous (MA) | AFIRM is a group of methadone maintenance treatment providers, consumers and other interested parties. We support methadone maintenance as treatment and as an effective tool of recovery.  
- We believe that methadone is a successful form of treatment that can be enhanced by the integration of other treatment approaches.  
- Our mission includes the education and training of health providers and the community regarding the benefits of methadone treatment.  
- We promote the development and proliferation of MA and other 12-Step fellowships, clinical treatment alternatives, public relations initiatives and other political advocacy. |
| 17) Methadone Support (MSO) | A non-profit support organization/website for "Medication Assisted Treatment" (MAT).... those addicted or dependent on opiates for any reason, from substance abuse to chronic pain.  
- A 12-step fellowship that gives support to those on MAT, a member of The Center for Substance Abuse Treatment's (CSAT) Patient Support and Community Education Project (PSCEP), and focus on the basic needs and rights of both patients and providers. |
| 18) National Association for Children of Alcoholics (NACoA) | NACoA believes that none of these vulnerable children should grow up in isolation and without support.  
- A national nonprofit organization working on behalf of children of alcohol and drug dependent parents.  
- Our mission is to eliminate the adverse impact of alcohol and drug use on children and families:  
  ✓ We work to raise public awareness.  
  ✓ We provide leadership in public policy at the national, |

Note: Men’s Groups in Canada Only

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
Online Resources List for Substance Use Disorders and Co-Occurring Disorders  
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

| 19) National Alliance For Medication Assisted Recovery (NAMA Recovery) | • An organization composed of medication assisted treatment patients and health care professionals that are supporters of quality opiate agonist treatment.  
• The primary objective is to advocate for the patient in treatment by de-stigmatizing and empowering medication assisted treatment patients.  
• We confront the negative stereotypes that impact on the self esteem and worth of many medication assisted treatment patients with a powerful affirmation of pride and unity. |
| --- | --- |
| [http://www.methadone.org](http://www.methadone.org)  
Phone: 212-595-6262  
(no presence in Pittsburgh) | • Function as consumer advocates  
| 20) Nar-Anon Family Groups | • A worldwide fellowship for those affected by someone else’s addiction.  
• A 12-step program designed to help relatives and friends of addicts recover from the effects of living with an addicted relative or friend.  
• The only requirement is that there is a problem of drugs or addiction in a relative or friend.  
• Not affiliated with any other organization or outside entity.  
• Whether the addict is using or not, Nar-Anon offers hope and recovery to all people affected by the addiction of a loved one or friend. |
| [http://nar-anon.org](http://nar-anon.org)  
Nar-Anon Family Group HQ  
22527 Crenshaw Blvd #200B  
Torrance, CA 90505  
310-534-8188 or 800-477-6291  
For info about on-line meetings: [http://nar-anon.org](http://nar-anon.org)  
Nar-Anon Pittsburgh area:  
412-782-2210  
[http://nar-anon.org/Nar-Anon/Pennsylvania.html](http://nar-anon.org/Nar-Anon/Pennsylvania.html) | • Nar-Anon groups hold meetings in the United States, Canada, and worldwide.  
• Literature and other materials are available at Nar-Anon meetings.  
• Use Nar-Anon’s 12-Steps and 12-Traditions  
| 21) Narcotics Anonymous (NA) | • NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem.  
• We are recovering addicts who meet regularly to help each other stay clean.  
• The 12-Steps of NA are the basis of our recovery program.  
• NA gives members a place to share recovery with other addicts. |
NA Main Office  
PO Box 9999  
Van Nuys, California 91409 | • 12-Step program  
• Regularly-scheduled meetings  
• Regional 24-hour helpline  
• Resources and literature related to narcotics addiction  
• Sponsors |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<table>
<thead>
<tr>
<th>Resource</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Telephone (818) 773-9999 Fax (818) 700-0700 Pittsburgh neighborhoods, including Squirrel Hill, Greenfield, Hazelwood and Lincoln Place Phone 888-251-2426 <a href="http://www.eastendarea.org/">http://www.eastendarea.org/</a></td>
<td>If you are not an addict, look for an open meeting, which welcomes non-addicts. Discussion meetings allow members to take turns sharing. Speaker meetings allow one or more members to share for an extended period of time.</td>
</tr>
<tr>
<td>Nicotine Anonymous <a href="http://nicotine-anonymous.org">http://nicotine-anonymous.org</a></td>
<td>Nicotine Anonymous is a Non-Profit 12 Step Fellowship of men and women helping each other live nicotine-free lives. Nicotine Anonymous welcomes all those seeking freedom from nicotine addiction, including those using cessation programs and nicotine withdrawal aids. The primary purpose of Nicotine Anonymous is to help all those who would like to cease using tobacco and nicotine products in any form. The Fellowship offers group support and recovery using the 12 Steps as adapted from Alcoholics Anonymous to achieve abstinence from nicotine.</td>
</tr>
<tr>
<td>Overcomers Outreach (OO) <a href="http://overcomersoutreach.org/">http://overcomersoutreach.org/</a> 12828 Acheson Drive Whittier, CA 90601 1-800-310-3001 Phone: 562-698-9000 Fax: 562-698-2211 Email: <a href="mailto:info@overcomersoutreach.org">info@overcomersoutreach.org</a> (Contact the above for information regarding meetings in the Pittsburgh area)</td>
<td>An international network of Christ-centered 12 Step support groups which ministers to individuals, their families and loved ones who suffer from the consequences of any addictive behavior. We exist to serve as a bridge between traditional 12-step recovery groups and churches of all denominations. We recover together as we meet to study and grow in God's Word. Our ministry is all welcoming, regardless of age, race, lifestyle, background, or belief.</td>
</tr>
<tr>
<td>SMART Recovery® <a href="http://www.smartrecovery.org/">http://www.smartrecovery.org/</a></td>
<td>SMART Recovery® is the leading self-empowering addiction recovery support group.</td>
</tr>
</tbody>
</table>

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
## Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<table>
<thead>
<tr>
<th>7537 Mentor Ave, Suite 306 Mentor, OH 44060</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone: 440-951-5357</td>
</tr>
<tr>
<td>Toll Free: 866-951-5357</td>
</tr>
<tr>
<td>Fax: 440-951-5358</td>
</tr>
<tr>
<td>(Currently no meetings in Pittsburgh)</td>
</tr>
</tbody>
</table>

- Participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups.
- The SMART Recovery 4-Point Program® helps people recover from all types of addiction and addictive behaviors, including: drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, and addiction to other substances and activities.
- SMART Recovery sponsors face-to-face meetings around the world, and daily online meetings. Our online message board and 24/7 chat room offer excellent recovery forums.

<table>
<thead>
<tr>
<th>25) Secular Organizations for Sobriety (SOS)</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.cfiwest.org">http://www.cfiwest.org</a></td>
</tr>
<tr>
<td>4773 Hollywood Blvd. Hollywood, Ca 90027 USA</td>
</tr>
<tr>
<td>Phone (323) 666-4295</td>
</tr>
<tr>
<td>Fax (323) 666-4271</td>
</tr>
<tr>
<td>Email: sos[at]cfiwest.org (no meetings in the Pittsburgh area)</td>
</tr>
</tbody>
</table>

- An alternative recovery method for alcoholics or drug addicts who are uncomfortable with the spiritual content of 12-Step programs.
- SOS takes a reasonable, secular approach to recovery and maintains that sobriety is a separate issue from religion or spirituality.
- SOS credits the individual for achieving and maintaining sobriety, without reliance on any "Higher Power."
- SOS respects recovery in any form regardless of the path used
- SOS supports healthy skepticism and encourages the use of the scientific method to understand alcoholism.
- SOS is a non-profit network of autonomous, non-professional local groups dedicated helping individuals achieve and maintain sobriety.

<table>
<thead>
<tr>
<th>26) Women for Sobriety (WFS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PO Box 618 Quakertown, PA 18951-0618</td>
</tr>
<tr>
<td>Phone: 215-536-8026</td>
</tr>
<tr>
<td>Fax: 215-538-9026</td>
</tr>
<tr>
<td><a href="http://womenforsobriety.org/betag2/">http://womenforsobriety.org/beta g2/</a></td>
</tr>
</tbody>
</table>

- A non-profit organization dedicated to helping women overcome alcoholism and other addictions. It is, in fact, the first national self-help program for women alcoholics.
- Our "New Life" Program helps achieve sobriety and sustain ongoing recovery.
- WFS has been providing services to women alcoholics since July, 1976.
- This program grew out of one woman's search for sobriety.
- WFS self-help groups are found all across this country and abroad. Based upon a Thirteen Statement Program of positivity that encourages emotional and spiritual growth, the "New Life" Program has been extremely effective in helping women overcome their addictions and

- Online message board
- Publications

- Non-religious alternative to 12-Step
- State-wide group meetings
- E-group meetings
- Quarterly newsletter
- Scheduled special events

- Sobriety programs
- Self-help meetings
- 13-statement program of positivity

To request copies, email DaleyDC@upmc.edu or mcesso@upmc.edu
To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu

embrace a new positive lifestyle.

2. Organizations for Professionals

1. American Academy of Addiction Psychiatry ................................................................. 14
2. American Association for the Treatment of Opioid Dependence .................................. 14
3. American Society of Addiction Medicine ................................................................. 14
4. Association for the Treatment of Tobacco Use and Dependence ................................ 15
5. Center for Substance Abuse Prevention/SAMHSA ..................................................... 15
6. Center for Substance Abuse Treatment/SAMHSA ..................................................... 15
Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

2. Organizations for Professionals

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
### Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<table>
<thead>
<tr>
<th>Organization/Contact Information</th>
<th>Purpose</th>
<th>Components</th>
</tr>
</thead>
</table>
| **1) American Academy of Addiction Psychiatry (AAAP)**  
[www.aaap.org/](http://www.aaap.org/) | • AAAP is an international professional membership organization of psychiatrists, faculty at various academic institutions, medical students, residents and fellows, and related health professionals making a contribution to the field of addiction psychiatry. | • Promote high-quality treatment for all  
• Educate the public to influence public policy  
• Provide continuing education for addiction professionals  
• Encourage research on the etiology, prevention, identification and treatment of addiction |
| **2) American Association for the Treatment of Opioid Dependence (AATOD)**  
[www.aatod.org/](http://www.aatod.org/) | • AATOD was founded in 1984 to enhance the quality of patient care in treatment programs by promoting the growth and development of comprehensive opioid treatment services throughout the United States. | • Promote the growth and development of opioid treatment services  
• Support programs and services related to prevention of substance abuse  
• Advise members as to changes in applicable laws and advancements in opioid treatment |
| **3) American Society of Addiction Medicine (ASAM)**  
[www.asam.org](http://www.asam.org) | • ASAM is a professional society representing physicians dedicated to increasing access and improving quality of addiction treatment, educating physicians and the public, supporting research and prevention, and promoting the appropriate role of physicians in the care of patients with addictions. | • Increase access to and quality of addiction treatment  
• Educate physicians, other health care providers and the public  
• Support research/ prevention  
• Promote the appropriate role of the physician in the care of patients with addiction |
| **4) Association for the ATTUD is an organization of providers dedicated to the promotion of** | | • Tobacco conferences and |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
## Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

| Treatment of Tobacco Use and Dependence (ATTUD) | and increased access to evidence-based tobacco treatment for the tobacco user. **Goals of the organization:**
| | • Build and maintain an organization representing providers dedicated to the treatment of tobacco use and dependence.
| | • Establish standards for core competencies, for training, and for credentialing of tobacco treatment providers.
| | • Establish multiple forums (e.g., annual meeting, listserv, and journal) for information exchange on best practices, innovations in treatment, and gaps in the empirical base of tobacco treatment.
| | • Serve as an advocate and voice for tobacco users to promote the awareness and availability of effective tobacco treatments.
| | • Serve as a reliable and respected resource of evidence-based tobacco use and dependence treatment for the health care community, regulatory agencies, private foundations, and especially tobacco users.
| | • Promote the implementation of and increased access to evidence-based practice across the spectrum of treatment modalities via policy, funding, and system changes. |
| 5) Center for Substance Abuse Prevention/ SAMHSA (CSAP) | CSAP provides national leadership in the Federal effort to prevent alcohol, tobacco and other drug problems. To help Americans lead healthier and longer lives, CSAP promotes a structured, community-based approach to substance abuse prevention through the Strategic Prevent Framework (SPF). |
| | • Promote youth development
| | • Reduce risk-taking behaviors
| | • Build assets and resilience
| | • Prevent problem behaviors across individual’s life spans |
| 6) Center for Substance Abuse Treatment/ SAMHSA (CSAT) | CSAT promotes the quality and availability of community-based substance abuse treatment services for individuals and families who need them.
| | • CSAT works with States and community-based groups to improve and expand existing substance abuse treatment services under the Substance Abuse Prevention and Treatment Block Grant Program.
| | • CSAT also supports SAMHSA’s free treatment referral service to link |
| | • Initiatives and programs based on research findings and the general consensus of experts in the addiction field
| | • Promote the idea that treatment and recovery work best in a community-based, coordinated system of comprehensive |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
## Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<table>
<thead>
<tr>
<th>Number</th>
<th>Resource Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>7)</td>
<td>Children of Alcoholics Foundation (COAF)</td>
<td>- COAF’s mission is to help children of all ages from alcoholic and substance abusing families reach their full potential by breaking the cycle of parental substance abuse and reducing the pain and problems that result from parental addiction. COAF is a national non-profit that provides a range of educational materials and services to help professionals, children, and adults.</td>
</tr>
</tbody>
</table>
| 8)     | College on Problems of Drug Dependency (CPDD) | - CPDD is the longest standing group in the U.S. addressing problems of drug dependence and abuse.  
- CPDD functions as an independent body affiliated with other scientific and professional societies representing various disciplines concerned with problems of drug dependence and abuse.  
- CPDD has over 700 members and serves as an interface among governmental, industrial and academic communities maintaining liaisons with regulatory and research agencies as well as educational, treatment, and prevention facilities in the drug abuse field. |
| 9)     | National Assoc. of Addiction Professionals (NAATP) | - NAATP promotes, assists, and enhances the delivery of ethical, evidence-based treatment and recovery services.  
- Support the nation’s effort to provide multiple treatment modalities, evaluate treatment effectiveness, and use results to enhance treatment and recovery approaches. |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
### Addiction Treatment Providers (NAATP)
**Website:** [www.naatp.org](http://www.naatp.org)

- Provides effective, research-based treatment for alcoholism and other drug addictions by providing its members and the public with accurate, responsible information and other resources related to the treatment of these diseases.
- Advocates for increased access to and availability of quality treatment for those who suffer from alcoholism and other drug addictions.
- Works in partnership with other organizations and individuals that share NAATP’s mission and goals.

### National Clearinghouse for Alcohol and Drug Information
**Website:** [https://preventionplatform.samhsa.gov/](https://preventionplatform.samhsa.gov/)

- SAMHSA's NCADI is a one-stop resource for information about substance abuse problems. NCADI's public library has more than 80,000 journals, newspapers, magazines, and reference books, plus equipment for reviewing audiotapes and videotapes.
- The clearinghouse also provides access to 11 computer data bases, including the Educational Resources Information Center (ERIC) of the U.S. Department of Education, the ETOH data base of the National Institute on Alcohol Abuse and Alcoholism, and the bibliographic data base of the Centers for Disease Control and Prevention's Office on Smoking and Health.
- NCADI's own Prevention Materials Data Base lists more than 8,000 prevention products, such as curricula, videocassettes, posters, brochures, specialty items, and educational material.

### National Institute On Alcohol Abuse and Alcoholism (NIAAA)
**Website:** [www.niaaa.nih.gov](http://www.niaaa.nih.gov)

- Conducts and supports research in a wide range of scientific areas including genetics, neuroscience, epidemiology, health risks and benefits of alcohol consumption, prevention, and treatment.
- Coordinates and collaborates with other research institutes and Federal Programs on alcohol-related issues.
- Collaborates with international, national, state, and local institutions, organizations, agencies, and programs engaged in alcohol-related work.
- Translates and disseminates research findings to health care providers, researchers, policymakers, and the public.

To request copies, email DaleyDC@upmc.edu or mcesojh@upmc.edu
## Online Resources List for Substance Use Disorders and Co-Occurring Disorders

(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<table>
<thead>
<tr>
<th>NIAAA’s webpage provides:</th>
<th>Syndrome</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Most recent NIAAA news releases and advisories, exhibit schedules and alcohol research updates</td>
<td>- Women, HIV/AIDS, and alcohol</td>
</tr>
<tr>
<td>- Access to publications, including Alcohol Alert, Alcohol Research &amp; Health, newsletters, pamphlets, professional education manuals</td>
<td>- Training the next generation of investigators</td>
</tr>
<tr>
<td>- Access to database resources and statistical tables, related websites, research guidelines and resources</td>
<td>- News highlights</td>
</tr>
<tr>
<td>- Access to extramural and intramural research conducted at NIAAA</td>
<td>- Underage drinking research initiative</td>
</tr>
<tr>
<td>- Clinical trials information for patients, physicians and NIAAA studies seeking patients</td>
<td></td>
</tr>
</tbody>
</table>

### 12) National Inst. On Drug Abuse (NIDA)

www.nida.nih.gov

<table>
<thead>
<tr>
<th>NIDA’s webpage provides:</th>
<th>Drugs of Abuse</th>
</tr>
</thead>
<tbody>
<tr>
<td>- NIDA’s mission is to lead the Nation in bringing the power of science to bear on drug abuse and addiction. This charge has two critical components.</td>
<td>- Publications</td>
</tr>
<tr>
<td>- The first is the strategic support and conduct of research across a broad range of disciplines.</td>
<td>- Funding opportunities and information</td>
</tr>
<tr>
<td>- The second is ensuring the rapid and effective dissemination and use of the results of that research to significantly improve prevention and treatment and to inform policy as it relates to drug abuse and addiction.</td>
<td>- News and events</td>
</tr>
<tr>
<td><strong>NIDA’s webpage provides:</strong></td>
<td>- AIDS research</td>
</tr>
<tr>
<td>- Extensive information on drugs, drug problems and treatment</td>
<td>- Clinical Trial Network</td>
</tr>
<tr>
<td>- Updates on current research and information on funding opportunities</td>
<td>- NIDA Notes</td>
</tr>
<tr>
<td>- Information about the Clinical Trials Network national research project</td>
<td>- Information on treatment research</td>
</tr>
<tr>
<td>- Information about NIDA’s AIDS research program</td>
<td>- Selected NIDA publications</td>
</tr>
<tr>
<td>- Information on medical and health care professionals (e.g., drug screening tools, curriculum resources, etc.)</td>
<td></td>
</tr>
<tr>
<td>- Information relevant to the questions and concerns of patients and families</td>
<td></td>
</tr>
<tr>
<td>- Information relevant to the needs of parents and teachers</td>
<td></td>
</tr>
</tbody>
</table>

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
# Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<table>
<thead>
<tr>
<th>No.</th>
<th>Resource Name</th>
<th>Description</th>
<th>Contact Information</th>
</tr>
</thead>
</table>
| 13  | National Org. on Fetal Alcohol Syndrome (NOFAS)   | - NOFAS seeks to create a global community free of alcohol-exposed pregnancies and a society supportive of individuals already living with FASD.  
- NOFAS effectively increases public awareness and mobilizes grassroots action in diverse communities and represents the interests of persons with FASD and their caregivers as the liaison to researchers and policymakers.  
- By ensuring that FASD is broadly recognized as a developmental disability, NOFAS strives to reduce the stigma and improve the quality of life for affected individuals and families. | To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu |
| 14  | Research Society on Alcoholism (RSA)              | - The RSA provides a forum for communication among researchers, who share common interests, in alcoholism. The Society's purpose is to promote research that can lead the way toward prevention and treatment of alcoholism.  
- Membership consists of regular scientific members, postdoctoral fellows, associate members and student members. The current membership of over 1,800 is drawn from countries throughout the world, with the majority from the U.S.  
- The annual scientific conference provides a meeting place for scientists and clinicians from across the country, and around the world, to interact. The meeting gives members and non-members the chance to present their latest findings in alcohol research through abstract and symposia submissions. | Online resources for researchers  
- Education materials  
- Events and meetings of interest  
- Treatment and advocacy resources  
- Research grants/awards available |
| 15  | Society for Research on Nicotine and Tobacco      | The mission of the Society is to stimulate the generation of new knowledge concerning nicotine in all its manifestations - from molecular to societal. The Society has three main aims:  
- To sponsor scientific meetings and publications fostering the exchange | SRNT co-sponsored conferences  
- Book reviews; newsletters  
- Online resources for |
### Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

| **http://www.srnt.org/about/mission.cfm** | of information on nicotine and tobacco.  
To encourage scientific research on public health efforts for the prevention and treatment of tobacco use.  
To provide a means by which legislative, governmental, regulatory and other public agencies can obtain expert advice and consultation on nicotine and tobacco. | researchers, clinicians and the public  
Data sharing  
Discussion forums |
|---|---|---|
| 2424 American Lane  
Madison, WI 53704  
Tel: 608.443.2462  
Fax: 608.443.2474  
E-Mail: info@srnt.org | • SAAS is a nonprofit organization whose membership consists of state associations of addiction treatment and prevention providers. These associations represent programs of all sizes and treatment and prevention approaches.  
• SAAS is the only national organization of state alcohol and drug addiction treatment and prevention provider associations.  
• Through our member associations, SAAS has a direct link to thousands of prevention and treatment programs that are the core of the publicly-supported addiction services system.  
• SAAS serves as an information broker and advocate, linking state associations with national developments such as evidence-based practices and providing input to federal organizations on the needs of community-based services providers and their client populations. | Ensure healthcare reform requires SUD coverage equal to that of other illnesses  
Include SUD prevention and screening in health reform  
Include SUD in workforce development initiatives  
Increase federal funding for SUD services and research |
| **16) State Associations of Addictions Services**  
www.saasnet.org | • SAMHSA’s mission is to reduce the impact of substance abuse and mental illness on America’s communities.  
In order to achieve this mission, SAMHSA has identified 8 Strategic Initiatives to focus the Agency’s work on improving lives and capitalizing on emerging opportunities.  
To accomplish its work SAMHSA administers a combination of competitive, formula, and block grant programs and data collection activities.  
**NAMHSA’s webpage provides:**  
• Access to major topic areas and programs covered by SAMHSA, | SAMHSA plays a unique role in advancing service delivery systems and community-wide strategies that improve health status and well-being by providing:  
• Leadership and voice;  
• Funding;  
• Surveillance and data;  
• Public awareness and education;  
• Regulation and oversight; and  
• Practice improvement in |
| **17) Substance Abuse and Mental Health Services Admin (SAMHSA)**  
www.samhsa.gov | | |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
## Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

<table>
<thead>
<tr>
<th><strong>Online Resources</strong></th>
<th><strong>Description</strong></th>
</tr>
</thead>
</table>
| **18) William L White Papers**<br>[http://www.williamwhitepapers.com/](http://www.williamwhitepapers.com/) | This site contains the full text of more than 200 articles, 7 monographs, 30+ recovery tools, 9 book chapters, 3 books, and links to an additional 13 books written by William White and co-authors over the past four decades.  
The purpose of this site is to create a single location where such material may be located by those interested in the history of addiction treatment and recovery in the United States.  
Those papers selected for inclusion contain all of the articles and monographs authored by William White on the new recovery advocacy movement, recovery management and recovery-oriented systems of care.  
It is hoped that this resource library will serve present and future generations of addiction professionals, recovery coaches and recovery advocates. |

| **Community-based, primary, and specialty care** | community-based, primary, and specialty care |

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu
Online Resources List for Substance Use Disorders and Co-Occurring Disorders
(A.T.S. Node of Clinical Trials Network of NIDA, updated May 2013)

To request copies, email DaleyDC@upmc.edu or mcdojh@upmc.edu